

Homemade Applesauce

Recently, many children have been sharing their weekend stories about going apple picking with their families. Some children have even brought in apples to share with their friends. At meeting time we have been reading non-fiction books to learn more about the various types of apple as well as the process of apple picking. During our discussions we spoke about the many ways we can use apples in cooking and baking. Based on our conversations we decided to make our own homemade applesauce!



Hailey, Julia, Ashley and Tegan were anxious to help. They discussed how they thought we could make applesauce. **Hailey** suggested that we have to "mush" the apples. **Ashley** stated: We have to take the skin off. **Tegan and Julia** added: We have to cook the apples. So we did some research to find a recipe.

First we needed to gather the ingredients. We needed apples, sugar, cinnamon, lemon and water. We also had to get a bowl, mixing spoons, a crockpot and our apple peeler tool.



Peeling the apples...



Ashley used the apple peeler to remove the skin from the apples. As she turned the crank she stated: The skin looks so curly.

As **Tegan** observed the skin peeling off the apple she stated: It reminds me of an onion. As **Gina** removed the apple from the apple peeler tool, **Hailey** stated: Look, there's the core! **Christopher** noticed that the apple core had seeds inside.



Next, **Julia** and **Hailey** used the plastic knives to carefully cut the apples into small pieces.

Adding the ingredients...



After all the apples were cut, we placed them into a bowl. Now it was time to add the rest of the ingredients. **Hailey** added the $\frac{1}{2}$ cup of sugar.

Julia added the $\frac{1}{2}$ teaspoon of cinnamon.



Ashley squeezed 1 tablespoon of lemon juice to add to the mixture.



Sophia added 1 cup of water.



Mixing the ingredients...



After all the ingredients were in the bowl, **Sophia** and **Julia** used the large spoon to mix the apples with the cinnamon, sugar, lemon juice and water. **Sophia** stated: it smells like cinnamon!

Time to cook...



Ashley, **Julia**, and **Hailey** took turns to carefully fill the crockpot with the apple mixture... now we just have to wait patiently for our applesauce to cook!